



## **Snack Packs & Hygiene Kits**

Fun size snacks and travel size toiletries can make a big impact at The Relatives. Snack Packs ensure young people struggling with housing insecurity have something to eat when they can't access the [On Ramp Resource Center](#). While Hygiene Kits can help those without access to showers or laundry feel clean.

Putting together Snack Packs and Hygiene Kits for the youth and young adults served by The Relatives is a meaningful and impactful group volunteer activity which can be done in your home, office, school, house of worship, or any gathering space.

Please see below for details on how small sized items can make a big impact in our community!

### **Snack Packs**

Snack Packs should include non-perishable items and a bottle of water in a gallon or quart sized Ziplock Bag. Please do not include food items prone to spoiling or that require refrigeration.

Impactful Snack Packs Can Include:

- Granola or Protein Bars
- Chips, Cookies, Crackers
- Beef Jerky
- Fruit Cup or Fruit Snacks
- Bottled Water

## Hygiene Kits

Hygiene Kits should include travel-sized toiletries young people can utilize when they lack access to a shower or bathroom.

Impactful Hygiene Kits Can Include:

- Travel Sized Toothbrush and Toothpaste
- Travel Sized Deodorant
- Travel Sized Facial Cleansing Wipes
- Body Wipes and/or Baby Wipes
- Travel Size Comb or Brush
- Travel Size Dry Shampoo
- Women's Feminine Care Items

Please contact Volunteer Engagement Officer, [Redia Baxter](#), to schedule a time to drop off your completed packs and kits at [The Relatives On Ramp Resource Center](#)